

# St Therese of Lisieux Catholic Parish

## Moonah-Lutana

St Therese of Lisieux Church

In the care of Missionaries of the Sacred Heart (MSC)

**Sunday 4th February, 2018**

**5TH SUNDAY IN ORDINARY TIME - YEAR B**



## FROM THE PASTOR

### PLANETARY CARE MORE ON PLASTICS

Theresa May's new environment plan sets ambitious goals for plastic waste reduction. But there's lots of room for slippage. One goal is to eradicate all "avoidable" plastic waste, though it's not clear how "avoidable" will be defined. A few concrete measures are now in place, such as the 5p plastic bag charge being extended to cover all businesses in England. And, in order to tackle the spread of tiny plastic particles, the government recently announced a ban on microbeads in personal care products. But such measures, even if adopted worldwide, wouldn't actually wipe out these "microplastics" in the environment.

The problem is that all plastic ends up tiny. And it persists, no matter what its size. In the ocean, even the largest and most resilient bits of plastic are broken up and degraded by the waves and sunlight until eventually these chunks measure less than five millimetres across – about the size of an ant – and they are classed as "secondary microplastics". This type of plastic, that started out as drinks bottles, fishing gear, disposable cutlery and so on, is much more abundant than "primary microplastics" that started out small, such as the microbeads found in toothpaste. Microbeads are among the most familiar sources of tiny plastic pollution, but this means there are other less obvious sources of microplastics in everyday use. We call them "stealth microplastics", and they include:

#### 1. Tyres

Tyres are made from rubber and around 60% plastic (styrene butadiene). The friction, pressure and heat of driving wears tyres down so much they produce an estimated average of 63,000 tonnes per year of plastic dust in the UK alone. If blown into the atmosphere, that dust can contribute to the poor air quality identified by the World Health Organisation (WHO) as a cause of premature deaths.

If it is washed into drains, rivers and oceans, it is likely to be eaten by filter feeders such as mussels, entering the human food chain. The industry could move back to natural latex, derived from rubber trees, but this too would have environmental costs: expanding rubber plantations are already "catastrophic" for endangered species in Southeast Asia.

# FROM THE PASTOR

## (CONTINUED)

### **2. Synthetic clothing**

Outdoor gear, leggings, fleeces and jumpers made from acrylic and polyester, polyamide, spandex and nylon shed up to 700,000 microfibres with each wash. Once in water, microfibres are difficult to filter out and studies have shown that these fibres are now being found in tap water in many countries.

In the US, 94% of samples tested contained fibres. Airborne, from friction or dryer lint, they settle as dust that can be inhaled and it is thought that toxins from the fibres can be absorbed through the lungs. In the environment they are eaten by fish and other animals, often in preference to food. The solution? Fitting all washing machines with filters and choosing natural fibres.

### **3. Tennis balls**

Their fuzzy outer layer is made from PET (polyethylene terephthalate), the same material that's used to make plastic milk bottles. Just like tyres, this plastic gets worn away with use, becoming dust.

### **4. Laundry and dishwasher pods/tablets**

All kinds of detergents and disinfectants with scrubbing agents have microplastics such as polyethylene (PE) or polypropylene (PP). These are the same beads banned in cosmetics. It would be better to use a natural material such as ground coconut shell.

### **5. Cigarette butts**

Filters are made from cellulose acetate, a non-biodegradable plastic. They can shed microfibres and, once used, give off high levels of toxins, including nicotine. Cigarette butts are a serious pollutant in the oceans and are the most commonly recovered item in beach cleanups.

### **6. Glitter**

Beloved of kindergarten craft teachers, most glitter is made from PET or polyvinyl chloride film (PVC) and is very hard to dispose of. You could instead get biodegradable cellulose film glitter, made from eucalyptus trees.

### **7. Wet wipes**

Baby wipes, hand wipes, make-up removing wipes, all of these products are typically made from polyester, polyethylene, and polypropylene – or a mixture of those plastics and natural fibres. Not only do they block sewers and cause "fatbergs", the plastic doesn't break down. They are also a source of plastic fibres. A traditional all-cotton flannel is the eco-friendly choice.

# **FROM THE PASTOR**

## **(CONTINUED)**

### **8. Tea bags**

Not entirely biodegradable, many teabags actually contain a polypropylene “skeleton”. That skeleton then breaks into tiny pieces when the paper breaks down in the compost or soil. Ask the manufacturer if your brew is plastic-free or switch to loose-leaf tea.

### **9. Paint**

Plastic dust from the thermoplastic paints used for road markings, ships and houses is found across the surface of the oceans. But not all paints contain plastics. Look for paints that use linseed oil or latex as binders.

### **10. Takeaway cups**

Paper takeaway cups are lined with a layer of polyethylene. Like teabags, the paper element breaks down, but the plastic breaks up into tiny pieces if the cup is littered or composted. Mixed materials need to be handled by a specialist recycling facility. Or you could bring a refillable mug.

If we want to have a real impact, we need to address all plastic waste: that which we see and a lot that we can't. There are some plastics we cannot live without, but others we could easily reject, replace or at least reduce.

Source: [nfpnews@churchresources.com.au](mailto:nfpnews@churchresources.com.au) January 23<sup>rd</sup>

### **The authors**

Sharon George is a lecturer in Environmental Science, Keele University

Deirdre McKay is a Senior Lecturer in Geography, Keele University

Ten 'stealth microplastics' to avoid if you want to save the oceans (The Conversation)

Photos: Oregon State University / Flickr / CC BY SA 2.0

In Christ

Fr Mark

## **PARISH NOTICES**

### **THINKING ABOUT BECOMING CATHOLIC?**

You are invited to join a group of like-minded people, who are thinking about becoming Catholic. We meet most Thursday evenings in the Chapel in the Parish Centre at 7:00pm. If you are interested please see Fr Mark.

### **EXPOSITION OF THE BLESSED SACRAMENT & ROSARY**

Exposition of the Blessed Sacrament is held each Friday after the 12 noon Mass until 5:00pm. The Rosary is prayed between 4:00pm - 5:00pm in the Chapel in the Parish Centre.

### **NEW ROSTERS**

New ministry rosters (Lector, Eucharistic, Ministers to the Sick and Data Projector) are available for collection in the foyer of the Church.

## **LENTEN PROGRAM**

This is the last weekend to sign up for Lenten Prayer Groups.

Lent is a season of repentance and renewal when we examine the lives that we're living, turn away from our sinfulness and recommit ourselves to following Jesus. The parish will be hosting a number of Lenten prayer groups during the day on a Wednesday, and again on Thursday evening. If you would like to participate, please add your name to the list in the foyer, selecting the appropriate group in which you would like to participate. In addition, this year's program has included short daily reflections (from Ash Wednesday to Easter Sunday). If you wish to purchase a copy for individual prayer reflection in your own home please select this option on the form in the foyer. The program that we will be using this year is provided by the Diocese of Wollongong and is called "Surrender", with reflections by Fr Graham Schmitzer and Sr Hilda Scott OSB.

## **TIME, TALENT & TREASURE**

**2018-2021**

Commencing next three weekends (10th-11th, 17th-18th & 24th-25th February), the parish will receive information for "Our Church, Our Community, Our Commitment" 2018-2021. This is a time for us to review our commitment to our Parish in Time, Talent and Treasure. In accord with the vision and the values of Jesus, we are striving to build a welcoming and inclusive community that provides life-giving support and services to all peoples. This is a time for renewal. At the conclusion at the Masses on 3rd-4th March there will be "Pledge Sunday". This is an opportunity for us to commit "Our Time, Our Talent, Our Treasure" to "Our Church, Our Community, Our Commitment" 2018-2021.

## **MARRIAGE MASS FOR THE RENEWAL OF VOWS**

Mass will be celebrated by Archbishop Julian Porteous on Sunday 18th February, St Mary's Cathedral, Hobart at 10.30am. Couples celebrating Catholic Marriage milestones including couples in the early years of marriage, (1<sup>st</sup>, 5<sup>th</sup> and 10<sup>th</sup> anniversaries) are invited to RSVP to the Office of Life, Marriage and Family by emailing [ben.smith@aohtas.org.au](mailto:ben.smith@aohtas.org.au) or on 6208 6036. Catholic married couples will receive a special acknowledgement from Archbishop Julian on the day.



## **UPCOMING BIBLE STUDIES:**

### **A JOURNEY THROUGH SCRIPTURE (A SURVEY OF THE OLD TESTAMENT)**

Commencing on Mondays 5 & 19 February, 5 March, 2-4pm; and *Holy Queen, The Mother of God in the Word of God* (the role of Mary in salvation history), on Wednesdays 7 & 21 February, 7 March, 10am-12pm. Both in the Simmons Room, Diocesan Centre, 35 Tower Rd, New Town. **Cost:** \$20 per course for study guide. **Register:** Dr Christine Wood, [christine.wood@aohtas.org.au](mailto:christine.wood@aohtas.org.au), or 6208-6236. See flyers in the Church foyer.

## **YEAR OF YOUTH PILGRIMAGE**

This pilgrimage will give young people the opportunity to journey with one another through the beautiful surrounds of Tassie in a spirit of faith and fellowship. It will be an opportunity to take some time out from the busyness of daily life and reflect, chat, walk and pray with other young people. Like any pilgrimage, it will also involve camping overnight and will take place on the first weekend of March between the beautiful towns of Richmond and Colebrook. The pilgrimage is open to all young people from 18-35 years of age. Youth who are under the age of 18 can also attend the event, however, will need to have a guardian on the pilgrimage. The cost of the event is \$50 which includes specified meals. More information on the event can be found below: <https://www.facebook.com/events/344023136076705/> or contact Tomasz Juszczak Director Office of Youth Evangelisation 03 6208 6038 or 0400 045 368.

## **GRIEF TO GRACE - HEALING THE WOUNDS OF ABUSE**

This is a spiritual retreat for anyone who has suffered degradation or violation through physical, emotional, sexual or spiritual abuse. The retreat will be held April 8th – 13th 2018. To request an application contact Anne by emailing [info@griegtograceaus.org.au](mailto:info@griegtograceaus.org.au) or phone 0407704539. For more information visit [www.griegtograce.org](http://www.griegtograce.org).

## **KENOSIS RETREAT**

Kenosis mean self emptying and refers to God, putting his divinity aside to come amongst us as a human being. In this retreat we will explore who we are so as to accept ourselves and truly be in a position to empty ourselves for others." Date: June 15th – 18th 2018, Presenter: Fr Ray Sanchez C.P. Venue: Maryknoll House of Prayer Blackman's Bay. For further information please call Anne on 0407704539 or email

[journallingretreat@inet.net.au](mailto:journallingretreat@inet.net.au).

## **RACHEL'S VINEYARD**

**Rachel's Vineyard** has helped many men and women to move on with hope. You are not alone, there is hope after an abortion experience. To speak to someone please call Anne Sherston on the confidential phone lines 03 62298739 or 0478599241.

## **ST THERESE'S CATHOLIC TENNIS CLUB**

St Therese's Catholic Tennis Club continues to enjoy tennis at the Domain Tennis Centre each Tuesday and Friday morning, Tuesday and Thursday afternoon and on the fourth Sunday of the month (afternoon). Contact Ros Williams on 0407 838 367.

## **WEEKLY COLLECTION**

Envelopes:	\$ 1,344.50
Loose:	\$ 799.00
<b>TOTAL:</b>	<b>\$ 2,143.50</b>
<u>Week's Budget Collections:</u>	<u>\$ 2,368.00</u>
<b>LOSS:</b>	<b>\$ \$224.50</b>

## **STEWARDSHIP**

"Rising very early before dawn, he left and went off to a deserted place, where he prayed...He told them, 'Let us go on to the nearby villages that I may preach there also. For this purpose have I come.'" - **Mark 1:35, 38**

In today's Gospel reading we see a perfect example of stewardship. Jesus gives His time to do all that God wishes - healing the sick and preaching. But before He begins, Jesus makes time to be alone with God in prayer. It is through prayer, spending time with God, that we find the strength to do what He wishes us to do. Be sure to find time every day to be with God.

## Healing Ministry

Jb 7:1-4,6-7; 1 Cor 9:16-19,22-23; Mk 1:29-39

Jesus leaves the Synagogue on the Sabbath and goes straight to the house of Simon and Andrew. Simon's mother-in-law is laid up with a fever. Jesus immediately cures her of the fever. The healing takes place in the house away from the crowds. The woman's first response is to minister to the houseguests. Any healing must lead us to renewed ministry. The healing of Simon's mother-in-law is a sign of the kingdom of life that Jesus has come to inaugurate. The healing takes place on a Sabbath when such actions were forbidden. For Jesus, giving life to someone is more important than formal religious restrictions.

That evening after sunset, the people felt free to carry their sick to him for healing. They were forbidden to carry even a sick person for healing on a Sabbath. The whole town comes crowding around the door of the house. The house is a symbol of the church – the gathering place of the believers.

Human suffering, especially the suffering of the innocent, has always been a problem. There is not only a problem of facing pain in our own lives and the lives of those we love. There is also the problem of trying to understand the meaning of suffering in our world.

If God cares about the world, why is there so much suffering? There is no simple answer to this problem. In fact, the struggle to understand is constantly approached from different angles. The final scene gives us an insight into this mystery.

At the end of the day, he goes to a lonely place to pray. He needs to understand what is happening. He takes all his cares and his worries to his Father. In the presence of the Father, he can get a clear direction for his life. His disciples have a great deal to learn.

They think it is important to tell him: Everybody is looking for you! But Jesus has already made a decision that his work is to go beyond the familiar and to risk his whole life for the sake of those who need to hear the Good News.

Noel Mansfield, msc ©



## **LET US PRAY FOR**

### ***The Sick***

*Tara Radcliffe, Thanh Huynh,  
Shirley Lehner, Susan Wilson,  
Fr Peter Nicholls, Josh Stokes, Maria Di Noia,  
Lise Levaque, Mary Hughes, Drina Paradzik,  
Pauline Brown, Jay Jennings, Olga Woods,  
Tony Dalton, Elsa Bazan, Bev Murray,  
Hon Dr Vanessa Goodwin MLC,  
Kayden Edwards, Marie Morrisby,  
Marian Zieba, Alan O'Rourke,  
Lorna Brazendale, Genowefa Grzegorzczuk.*

### ***Anniversaries***

*Ella Hoskins, Joan Etherington, Antoni Halys,  
Fr Robert Hyland MSC, Roger Cashion,  
Evelyn May Hope, Earla Poulson,  
Mollie Cooper, Antonia (Toni) Luxemborg,  
Beattie Jones, Editha Gabriel Malicdan,  
Graeme Bresnehan, Elizabeth Trojanowski,  
Gavin Davey, Pawel Cichon,  
Kathleen D McCabe, Vale Stanwix,  
Nancy Veronica Cullen, Stanislaw Czachor,  
Humphrey Beckitt, Grant Brazendale-Brooks,  
Susanne Brazendale, Emilia Gabriel Abueva,  
Helena Niemczyk, Lucy Frazik,  
Fr John Eldridge, Boleslaw Kempa,  
Stefan Adam Jedyka,  
Michelle Ann White (Read), Jack Webster,  
Shirley Ethel May Thomas, Esmay Haney,  
Michael Noonan, Grace Phyllis Dance,  
Karol Michalowski, Elaine Voss,  
Ieva Andrikonis, Bert de Groot, David Blake,  
Bertram Williams, Thelma Dalton,  
Bridget Beckwith, Fr Harold Bridgwood,  
Margaret Mills, Benjamin Bresnehan, Irene  
Scanlon, Margaret Monaghan, Max Watson,  
Elvie J Keenan, Denis Francis Duggan, Marj  
Symmons, Denis Henry Scanlon,  
Marion Keenan, Stefan R Zelek.*

### ***Recently Deceased***

*Mary Dickenson, Frank Young,  
Kathleen Darby*

## **PARISH OFFICE AND PRESBYTERY**

*24 Hopkins Street, Moonah*

*PO Box 819, Moonah 7009*

**Phone:** 6272 1442

**Fax:** 6272 4866

**Email:** [moonahlutana@aohtas.org.au](mailto:moonahlutana@aohtas.org.au)

**Web:** <http://cdtas.org.au/moonah>

**Office Hours:** *Monday, & Friday 9:00am -  
4:30pm, Tuesday & Wednesday 9:00am -  
11:00am*

**Parish Priest:** Fr Mark Hanns MSC

**Phone:** 6272 1442

**Email:**

[pastormoonahlutana@netspace.net.au](mailto:pastormoonahlutana@netspace.net.au)

**Deacon:** Rev Michael Hangan

**Phone:** 0438 243 533

**Polish Chaplain:** Fr Kazimierz Bojda SChr

**Phone:** 0412 067 013

**Email:**

## **ST THERESE'S SCHOOL**

*24 Hopkins Street, Moonah*

**Phone:** 6272 1403

**Principal:** Mr Cameron Brown

**Email:** [sttherese@catholic.tas.edu.au](mailto:sttherese@catholic.tas.edu.au)

## **RECONCILIATION:**

*Saturday 11:00am-11:30am*

## **BAPTISMS AND MARRIAGES:**

*By appointment*

## **ARCHDIOCESAN WEBSITE:**

[www.hobart.catholic.org.au](http://www.hobart.catholic.org.au)

## **TOWARDS HEALING HELPLINE:**

*Phone: 1800 356 613*

## **TRUTH JUSTICE & HEALING**

### **COUNCIL:**

<http://www.tjhcouncil.org.au>

## **READINGS**

***3rd/4th February, 2018***  
***5th Sunday in Ordinary Time -***  
***Year B***

### **ENTRANCE ANTIPHON:**

O come, let us worship God  
and bow low before the God who made us,  
for he is the Lord our God.

### **FIRST READING:** (Job 7:1-4, 6-7)

I am filled with sorrow all day long.

### **PSALM:** (Psalm 146:1 - 6)

Praise the Lord who heals the  
broken-hearted.

### **SECOND READING:** (1 Corinthians 9:16 - 19, 22-23)

Punishment will come to me if I do not  
preach the Gospel.

### **GOSPEL ACCLAMATION:** (Matthew 8:17)

Alleluia, alleluia!

He bore our sickness,  
and endured our suffering.

Alleluia!

### **GOSPEL:** (Mark 1:29 - 39)

He cured many who suffered from diseases  
of one kind or another.

## **MASS TIMES**

**Monday 29th January to**  
**Sunday 4th February 2018**

	<b>English</b>	<b>Polish</b>
Monday	9:15am	
Tuesday	<b>No Mass</b>	9:00am
Wednesday	12:00 noon	
Thursday	9:15am	
Friday	12:00 noon	9:00am
Saturday	6:30pm	
Sunday	9:00am 4:30pm	10:45am

## **READINGS/ROSTERS**

***10th/11th February, 2018***  
***6th Sunday in Ordinary Time -***  
***Year B***

### **ENTRANCE ANTIPHON:**

Be my protector, O God,  
a mighty stronghold to save me.  
For you are my rock, my stronghold!  
Lead me, guide me, for the sake of your  
name.

### **FIRST READING:** (Leviticus 13:1-2, 44-46)

As long as he is unclean, he must live alone,  
outside the camp.

### **PSALM:** (Psalm 31:1 - 2, 5, 11)

I turn to you, Lord, in time of trouble,  
and you fill me with joy of salvation.

### **SECOND READING:** (1 Corinthians 10:31 - 11:1)

Be imitators of me, as I am of Christ.

### **GOSPEL ACCLAMATION:** (Luke 7:16)

Alleluia, alleluia!

A great prophet has appeared among us;  
God has visited his people.

Alleluia!

### **GOSPEL:** (Mark 1:40 - 45)

The leprosy left him and he was cured.

### **Saturday 6:30pm**

**Readers** *Phil Blake, Steve Randell*  
**Ministers** *Gerry McGushin, Donna Bone*  
**Projector** *Anne Thuringer*

### **Sunday 9:00am**

**Readers** *Annie Brush, Melissa Philp*  
**Ministers** *Gerard & Rexine Synnott*  
**Sick** *Gerard Synnott*  
**Projector** *Maureen Pangrazzi*

### **Sunday 4:30pm**

**Readers** *Melissa Brown,  
Kerrie Morrisby*  
**Ministers** *Carlene Larkin,  
Cameron Brown*  
**Projector** *Eva Hangan*  
**Altar** *Polish Community*  
**Cleaning** *Fracalossi Family*  
**Counters** *Eva & Michael Hangan*